

Messy Prayers

Ideas to Help our Households Relate to God

"Not only is your household made to relate to God together, but Jesus came to help us do just that. When we seek to grow and nurture our household's relationship with God, we are simply joining Jesus in what he is working toward within us everyday."

Don Everts, [The Spiritually Vibrant Home](#)

Vibrant Households

- APPLY SPIRITUAL DISCIPLINES
- EXTEND HOSPITALITY
- ENGAGE IN SPIRITUAL CONVERSATIONS

We'd love to connect with you!

Check out our social media

- @OurSaviorBettendorf
- @OurSaviorLutheranBettendorf

Or contact us at

- 563-332-5141
- oursaviorbett@gmail.com
- oursaviorbett.org

Connecting People to Jesus
Faithfully Courageously Together
For the sake of the Kingdom



Week 3: Messy Prayers

Spiritually Vibrant Homes

Our Savior Lutheran
Sermon Series
Winter 2023

A few ideas...

GETTING STARTED

- Insert short prayers into your life (like at bedtime or mealtimes). It can just be something short and genuine.
- Speak a quick blessing for people as they head out the door; "May God bless you today!"
- Ask a question at mealtime about a Bible passage or recent sermon.

DIGGING DEEPER

- Host or join a regular Bible study. If you'd like information on Small Groups contact Rachel at deereberndts@gmail.com.
- Choose a family verse to help your family focus on God and His purposes in the world. Display it prominently in your home.
- Extend your household. Intentionally invite other Christians over for a meal or event.
- Look for opportunities to serve together as a household.

The Bible is how God speaks to us.

Establish a reading routine. Start with just five minutes a day and work up.

READ

Looking for a place to start? Read one of the Gospels (Matthew, Mark, Luke or John). Read a Bible storybook with your child.

Look on the app store for the Bible App by Life Church. It includes a variety of reading plans for adults and kids.

STUDY

READ - Take time to read and reread the passage. Focus on God's Word.

DISCOVER - What stands out to you? What does this passage tell you about God and His people?

APPLY - What challenges, promises or encouragements does this passage offer? How does it apply to your life?

Learn Bible verses and hide God's Word in your heart!

LEARN

- Post them around the house.
- Text or email them to each other.
- Say them together at meal times.

PRAYER IDEAS

MEAL TIME PRAYERS

Thank God for His gifts, including food and drink. To start, try a simple prayer such as, "Come, Lord Jesus, be our Guest, and let this food to us be blessed. Amen".

NIGHT TIME PRAYERS

Reflect on the day and tell God any concerns you have for the coming day. These can be sparked with a memorized prayer, followed by talking with God in your own words.

PRAYING SCRIPTURE

Use Bible verses in your prayers. To make it personal, you can replace the pronouns with the name of the person you are praying for or insert "I" and "me". For example, "Guide Sam in Your truth and teach Sam, for You are God, his Savior, and his hope is in You all day long." (From Psalm 25:5 NIV)

FINISH-THE-SENTENCE

Use sentence starters and invite others to finish the sentence using their own thoughts, feelings and words. Some ideas:

- I love you, God, because...
- I need you, God, because...
- God, help me understand why...

ACTS ACROSTIC PRAYER

Letters to guide your prayer:

A - Adoration. Praise God! This helps us focus on God's power instead of our weakness or problems.
C - Confession. Confess our sins to God.
T - Thanksgiving. Thank God for all He has provided and all He has done.
S - Supplication. Pray for others through specific prayer requests.